



# LENT REFLECTIONS

## PRAYERS

The Lord Almighty grant us a quiet night and a perfect end.  
**Amen**

Our help is in the name of the Lord  
**Who made heaven and earth.**

God of power and might  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

### **REFLECTION**

#### **TAIZÉ**

**Lighten our darkness, Lord we pray,  
and in your great mercy  
Defend us from all perils and dangers of this night,  
for the love of your only Son, our Saviour, Jesus Christ.**

Let us go forth in the peace of God.  
**I will lie down and sleep in peace,  
for you alone, Lord, make me dwell in safety.**

The Lord bless you and guard you;  
The Lord make his face shine on you  
And be gracious to you;  
The Lord look kindly on you  
And give you peace. **Amen**